Fukushima's Traditions: Old & New



Kitakata Ramen



Enban Gyoza



Sauce Katsudon



Nakanosawa Kokeshi Dolls



Akabeko



Miharu Goma



Awamanju (Steamed Millet Bun)



Peach Parfait



Cream Box Bread



Aizu Lacquerware



Japanese Sake



Obori Soma Pottery

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Corasse Fukushima 7th Floor, 1-20 Mikawaminami-machi, Fukushima City, Fukushima, 960-8053, JAPAN Phone +81-(0)24-525-4024



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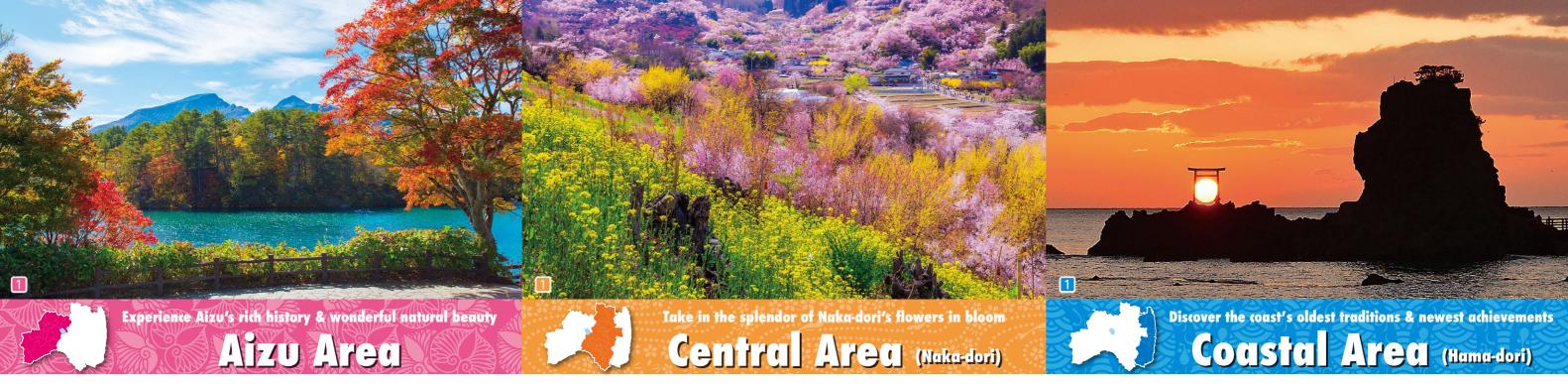
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💶 Urabandai Goshiki-numa Ponds 🖳 [Kitashiobara Village]

MAP D-2

Goshiki-numa Ponds are one of Urabandai's greatest scenic spots. Each pond has its own color, from dark brown to cobalt blue. The colors change with the weather and time of day.

Tsurugajo Castle [Aizu-Wakamatsu City] MAP C-3



Tsurugajo Castle dates back to the 14th century, although it was mostly demolished in 1874, and reconstructed in 1965. In the springtime, around 1,000 cherry trees offer a magnificent display within the castle grounds.

■ No.1 Tadami River Bridge [Mishima Town]

MAP B-3

This is one of the railroad bridges over the Tadami

River, which is on the JR Tadami Line route. There is a viewing point close to Ozekaido Mishima-Juku, from where you can enjoy the scenery in each season. On clear days, the bridge is reflected in

To-no-Hetsuri Crags [Shimogo Town] MAP C-4

A national natural monument, the To-no-Hetsuri Crags are tower-shaped cliffs overlooking Okawa River. The crags have different rock types containing relatively soft strata eroded by rain and wind.





[Fukushima City]



This park is privately owned by a family who farm flowering trees, and was opened to visitors in 1959. In springtime, the entire park looks as if it has been dyed in pastel pink with a variety of blossoms and flowers.

Koriyama Nunobiki Kaze-no-Kogen [Koriyama City]

MAP D-4

Located in the south of Lake Inawashiro, windmills towering at an altitude of about 1,000 meters blow a rich wind. From the beginning of August to the beginning of September, you can enjoy spectacular views of the beautiful sunflower fields.

E Ebisu Circuit [Nihonmatsu City]

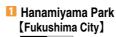
MAP E-2

Revered as a drift racing paradise – Ebisu Circuit is visited every year by lots of international visitors. 'Drift Taxi' experience lets you ride as a passenger in a special drifting car while a professional Drift Driver speeds around the circuit.

Bandai-Azuma Skyline [Fukushima City] MAP D-2

This alpine scenic highway winds its way up and around the Azuma mountain range. The seasonal sceneries, such as snow walls in spring, lush greenery in summer and gorgeous foliage in autumn, attract visitors.







MAP G-5 In 806, Hattachi-Yakushi Temple was built as a place to enshrine the Buddha who protects the safety of sailors on voyages. In front of the temple, there is a torii gate known as Bentenjima, and the

2 Aquamarine Fukushima [Iwaki City]

Hattachi-Yakushi Temple

MAP G-6

Hattachi Coastline.

[Iwaki City]



One of the main exhibits of this aquarium is a huge water tank reproducing the Pacific Ocean off the coast of Fukushima Prefecture. Fishing, as well as other hands-on activities, are offered.

3 Shiramizu Amidado [Iwaki City]

MAP G-5 The Shiramizu Amidado Temple (Amitabha Hall) was constructed in 1160. The garden that surrounds the main hall is full of natural beauty in every season, but is especially breathtaking in

summer when the lotus flowers are in bloom.

4 Spa Resort Hawaiians [Iwaki City]

MAP G-5

This is a resort and theme park that uses hot spring water from Iwaki Yumoto. You can enjoy five kinds of spas and theme parks, such as the Water Park, and the largest open-air bath in the world. Polynesian Dance Shows are also performed daily.







