

# FOOTPATH

# MAP

## Naraha Town

Sea walk with breezes and sheer cliffs

Distance: around 5 km

Time: around 2 hours

### Course outline

Walk through the cape overlooking the Pacific Ocean and the Tenmangu shrine, and then walk along the coastal area where reconstruction efforts have given way to spectacular new scenery. Views such as the 38m-high cliffs and the sea walls can only be seen on foot. Before and after the tour, enjoy the famous 'Mamy Suito' at the restaurant in Cape Tenjin Sports Park, or relax in the hot springs with an ocean view, and enjoy all the attractions of the town.

### Enquiries

Naraha Town Industrial Creation Division

TEL: 0240-23-6105

8:30 - 17:15 (Closed Sat, Sun, holidays)

### Access

35 minute walk from JR Tatsuta Station

Car access via Joban Expressway  
(10 minutes from Naraha Smart I.C.)



## Etiquette

Footpath courses take you through scenery that has been cultivated in that region for generations. As you enjoy your time here, please keep in mind the local residents who have kept watch over this area.

- Greet local residents you meet.
- Take your trash home with you.
- Don't take crops or produce from local farms.
- Don't touch livestock or farm equipment.
- Don't enter farmland, woodland or private residences.
- Be aware of changing weather conditions and local wildlife.
- Be aware of hornets in mountainous or wooded areas.

## What is a Fukushima Footpath?

Footpath tours are walking routes that allow visitors to enjoy the scenery of old towns and villages in the region. The Fukushima Footpaths, which are scattered throughout the 12 cities, towns and villages affected by the nuclear disaster, allow you to enjoy the rich culture, nature and interaction with local people. This is a great chance to witness first-hand the progress of Fukushima's revitalization efforts, and learn more about a beautiful area of Japan.

## Spots to Visit

### 1 Tenjinmisaki Sports Park

A comprehensive sports park overlooking the Pacific Ocean with campsites, a restaurant and a gelato shop. There are viewing platforms throughout the park with good views.

"The Yayoi period ruins of Tenjinbaru are also on the grounds of the park!"



### 2 Kitada Tenmangu Shrine

Tenmangu Shrine is dedicated to Sugawara Michizane, the god of learning. The Otorii, one of the largest torii in the Tohoku region, is particularly impressive. There is a path leading down to the south of the Otorii gate, with a beautiful view of the river. "They say you'll get smarter if you visit the shrine!"



### 3 Cliffs

The cliffs are a feature of the famous Naraha coastline. If you walk north, you can reach the coast of Namikura, where the Fukushima No. 2 Nuclear Power Plant is located.

"Keep an eye out for nearby caves!"



### 4 Sea Wall

Paths that allow you to walk on top of the seawall. The views are spectacular, but the walk is directly exposed to strong winds, so please take care.

## The students of Naraha Elementary gave us their recommended spots!

In June 2024, a proposal was made to create a walking course for tourism and good health. In response, the children's opinions were incorporated into the map. The children actually walked the course and recommended these spots - quotations on this page are comments from the students.



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5 km

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### Around Tatsuta Station



**Yadorigi Cafe**

Hours: Wed - Sat | 10:00 - 18:00  
Sunday | 8:00 - 18:00  
Days off: Monday / Tuesday  
(Open on public holidays)



**Take-chan Dining**

Hours: Mon - Sat | 11:00 - 14:00  
Days off: Sunday



**Yoshida**

Hours: Mon - Sat | 11:00 - 14:00  
Days off: Sunday | Holidays  
First & Third Mondays



**Dairaku-in Temple**

Feel free to drop by at your convenience.



3 Cliffs

4 Sea Wall

Tatsuta Station

Idegawa River

Descent towards ocean

Inari Daimyojin

1 Tenjinmisaki Sports Park

Restaurant Misaki

Windy Land Ice Cream Shop

Shiokase-so (Hot spring)

Tenjinbara Ruins

2 Kitada Tenmangu Shrine

Kidogawa River

Miruru Tenjin

Great Torii Gate

Kidogawa Salmon Traps

Main route

Fukushima Coastal Trail

P Parking



Restroom

Restaurant



0 100m 200m

